



**PARENT
HANDBOOK
2026**

Dearest Parents, שיחיו,

Welcome to Camp Chayeinu! We are looking forward to an incredible summer bezH. We realize that you are entrusting us with your precious daughter(s) and we appreciate their value. We want to make sure that they will iyH succeed in all possible ways, and so we have therefore put together guidelines to help achieve this goal. Please take a moment to review the handbook which outlines important camp procedures and policies.

Our dedicated staff is committed to making this summer memorable for your daughter, treating Camp Chayeinu as her home away from home. To ensure this, we encourage open communication. if you have any individual or family concerns, please reach out to us at (516) 366-9839 or via email at office@campchayeinu.com

Looking forward to a geshmak summer iyH!

B'Yedidus,
Mrs. Gitty Meyers & Mrs. Peshy Russ
Directors

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TRAVEL INFORMATION

Travel to/from Camp

Transportation will be provided from a few areas for a fee. Details will be sent out closer to the start of camp.

Private drop-off and pick-up will also be available. Drop-off will be between 1:00 PM and 2:00 PM only. Pick-up will be between 9:00 AM and 10:00 AM.

LUGGAGE & BELONGINGS

Luggage

Each camper/staff member will be allowed two large suitcases/duffels and an additional personal item that they can take onto the bus with them (i.e. knapsack).

Each piece of luggage should be clearly labeled with your daughter's name, your phone number, and the camp's address. There will be luggage tags available at the bus stop.

Packages

No packages will be allowed in camp. In the case of an extreme necessity, please contact the camp mother for permission.

Due to limited space, we cannot allow cases of water on the buses to camp. Water will therefore be available for purchase through the canteen.

Belongings

We suggest campers and staff carefully consider what belongings and items they bring to camp. Camp Chayeinu does not take responsibility for and is not liable for any money or personal property that is lost, stolen, or damaged throughout the duration of camp. In the event that a girl damages or loses a personal item our staff will take appropriate action to address the situation and work with the responsible party to reach a resolution.

Lost & Found

Please label all personal belongings (clothes, glasses, cameras, etc.). Lost and Found items will be kept in a designated area in camp for girls to look through in the event that a camper loses something.

Please refrain from bringing clothes or belongings you would be upset to risk damaging or losing.

Any unclaimed items left in camp will be donated or discarded immediately after camp.

Dress Code

“Kol kevuda bas melech penima”

Because we are going to be putting effort into the penimiyus and kochos of each girl, we need to ensure that the chitzonius does not get in the way.

Please read the dress code guidelines carefully and adhere to them. If a camper is wearing something that does not comply with the camp dress code, she will be asked not to wear it again.

Skirts must fully cover the knees at all times (while standing, sitting, walking, and running). No back pockets are allowed.

All shirts must cover the collar bone. No words or big pictures may be on the front of any shirt. Sleeves must cover the elbows at all times.

Knee socks are expected to be worn at all times (including under a long skirt).

Tank tops and shorts may not be worn to bed.

Girls must be completely tzanua when going to and from the pool (shirt, skirt, and socks).

Closed shoes (sneakers/gym shoes) are recommended for safety concerns during sports.

No nail polish may be worn in camp.

No secular reading material will be tolerated in camp.

Suggested Packing List

Please be sure all items correspond with safety, dress code, and belongings guidelines.

The list below is only suggestive; use your own discretion when packing.

Please label all items brought to camp.

Clothing:

- _ 10 t-shirts
- _ 7 skirts
- _ 4 Shabbos outfits
- _ 2 sweatshirts (1 heavy; 1 lightweight)
- _ 4 sets pajamas (1 warm)
- _ 10 pairs of socks
- _ 10 pairs of underwear
- _ 2 pairs leggings
- _ 2 bathing suits
- _ 1 swim dress
- _ 1 terry robe
- _ 1 bathrobe
- _ 2 sets of junk clothes
- _ 1 school uniform
- _ 1 pair Shabbos shoes
- _ 1 pair sneakers
- _ 1 pair pool/shower slippers

Linen:

- 2 full sets of linen (fitted sheet, duvet cover, pillowcase)
- Pillow
- Blanket
- 2 hand towels
- 2 bath towels
- 2 pool towels
- Laundry bag
- Mesh bag

Toiletries:

- Shampoo
- Conditioner
- Body wash
- Hand soap
- Deodorant
- Sunscreen
- Toothbrush & toothpaste
- Hair brush
- Nail clipper

Miscellaneous:

- Siddur
- Raincoat/Rainboots
- Flashlight/batteries
- Hangers
- Smile and ruach!!

CAMP LIFE & POLICIES

Laundry

Camp Chayeinu will facilitate laundry three times a summer. Please send enough clearly labeled clothing for 10 days. Laundry will be collected by bunk and will be done by a local laundry service.

Canteen

Canteen is an exciting part of camp. Every camper will have an account that parents can fund to enable campers to buy items in the canteen. Canteen money can be used to purchase cases of water and can be taken out before trips. Canteen accounts can be funded through your CampMinder account.

Bunk Placement

Bunk assignments are carefully made by the camp head staff after thorough consideration. If you haven't submitted a bunk request with your application, please email the camp office so we can take all relevant information into account to ensure a positive summer experience. Please submit bunk requests before the deadline, May 15th.

Birthdays

Celebrating birthdays in camp is a special occasion! We offer various options, such as purchasing a birthday cake, slurpees, or ice cream for your daughter's bunk. If you're interested in arranging a celebration, please reach out to the camp office at least 7 days in advance of your daughter's birthday.

Visitation

There will be no visiting day, as we would like to have an uninterrupted month of ruach and growth and also understand how difficult it is for many parents to make this trip.

Trips & Off-Grounds Trip Permission Authorization/Injury Policy

By sending my child to Camp Chayeinu, I hereby authorize Camp Chayeinu [referred from here-on as "CC"] to take my child off CC grounds to go on trips organized as part of the camping program. In addition, my child may participate in any activity organized by CC, including but not limited to land sports, lakefront activities, rope course, indoor activities, bicycling, hiking, cookouts, etc. and we assume the inherent risk of such activities and programs. We will not hold CC responsible in the event of injury, property damage or loss as a result of such activities. I understand that CC is not responsible for loss or damage to my child's property incurred during the session or during the transportation to and from the campgrounds. I understand that CC has the right to dismiss any camper, without refund, who threatens the safety of themselves or others; who willfully damages CC property; who willfully disregards rules of CC; who steals or intentionally damages the property of other people in CC; or who requires significant supervision beyond that which CC can provide. Should my child be dismissed, I understand that I must arrange transportation for my child to leave CC, at my own expense, within 24 hours, and that I am responsible for any additional expenses required to ship luggage home.

*This authorization is implicit with your signature on the camp application, and for medical issues on the medical form.

Staff Tips

We have a mature, dedicated, and fun loving group of division heads, counselors, and junior counselors. Their priority is to genuinely care for each camper and to serve as positive role models. They take their responsibilities seriously, while reaping the joy of generating

excitement and positivity each day. A tip is a wonderful way to show hakaras hatov to the staff members who care for your daughter on a daily basis. Please log into your CampMinder account and fill out the Staff Tips form online.

Suggested Tipping: Counselor- \$30, Junior Counselor- \$20, Waitress- \$10

Camp Cancellation/Refund Policy

Due to the seasonal nature of summer camp and the limited space available, we will be unable to issue credit or refunds for late arrival, early departure, or absences, or to any camper who is dismissed by the administration prior to the end of the camp season.

It is understood and agreed that if a camper leaves the campgrounds without permission from the Camp Director, or if a camper damages or defaces camp property, or if a camper's conduct does not meet camp standards, the camper will be dismissed at the discretion of the Director, without a tuition refund.

No refunds for cancellations after February 1st or for campers leaving early during camp.

COMMUNICATION

Contact Before Camp

All camp contact and forms will be sent electronically via email or will be available on CampMinder. Your CampMinder account was created when you applied to camp. All subsequent forms and information can be found on your profile page. All camp forms must be submitted by May 13th.

All submitted forms and information are entirely confidential, and medical information/forms are handled in line with PHI requirements.

Please don't hesitate to contact the camp office for any comments, questions, or concerns regarding payment, forms, or care of your daughter at office@campchayeinu.com or (516) 336-9839

Contact During Camp

Mail- Everyone enjoys getting good old-fashioned mail! Please mail letters to the camp address with her name and bunk on top.

Calls- The camp office will be open from 9:30am – 4:30pm, Sunday – Thursday, and 9:30am – 2:00pm on Fridays. The camp office can be reached for any comments, questions, or concerns, or to get in touch with any head staff members. No campers can be reached through the camp office.

Campers will have access to the camp phones twice a week to call home. Phone calls will begin the second week of camp. A schedule will be sent out with each bunk's time slot once camp starts. Staff members will have designated times and places in which use of cell

phones are allowed. Staff will also have access to the camp phones at designated times.

Camp News/Updates

We look forward to sharing all the fun we are having with you! Weekly newsletter/videos will be sent out via email iyH. Pictures will bezH be posted on Camp Minder weekly.

Camp Technology Policy

We are grateful to you for having entrusted your most precious possession, your daughter, to us. Our goal is, bezH, to have her return home with the same values with which she came to camp. We are heartened by the concern that our esteemed parent body has shown in regard to modern technology, and we aspire to do our utmost to protect our campers and staff members from all undesirable influences.

Campers are NOT allowed to bring phones to camp. Any phone brought to camp will be confiscated. If there are extenuating circumstances (such as flying in to go to camp), please contact the camp.

No devices are allowed to be brought to camp. Each bunk will be provided with a kosher mp3 device with music.

Cameras without internet capabilities may be brought into camp. If you are bringing a camera to camp, please make sure that it has a new SD card with no prior pictures on it. SD cards will be available for purchase in camp if needed.

HEALTH

Lice Check

Every camper and staff member must be checked prior to camp. Please fill out the lice check form and upload it to your CampMinder account before your daughter's arrival in camp. There will be a \$25 fee per camper to have one of our staff members check them upon arrival if the form is not submitted.

Medical Forms

A Health History Form and a Physician's examination/immunization form must be submitted for each camper and staff member. Physician's examination/ immunization form must be signed by your doctor and can be uploaded to your CampMinder account or emailed to the camp office. As per PA law, no camper/staff member will be admitted to camp without completed medical forms. All forms must be received by May 2nd.

Medical Insurance

All medical insurance information must be completed on the health history form and uploaded in CampMinder. The camp will submit your insurance information as needed (outside doctors, blood tests, x-rays, etc.); the bill is the parent's responsibility. Campers from out of the country must purchase Traveler's Medical Insurance and provide us with the information on the medical forms.

Continued Medical Care

If your child takes over-the-counter medications, please send enough for the whole camp session. All medications, including Tylenol, Advil, Motrin, must be kept in the infirmary as per the Department of Health Regulations.

If your child has year-round prescription medications, it must have a prescription label with the doctor's name, details of dosage, time and frequency, as well as reason for use.

Prescriptions must remain in the original containers. No unlabeled medications will be dispensed. In the case that a camper has prescribed medication that she must take, the Medication Form must be filled out and uploaded to CampMinder.

Special Medical Needs

If your child has any specific medical/physical needs, please contact our camp nurse prior to camp. This information is crucial to the well-being of your child. All information will be kept strictly confidential.

The camp medical staff must be informed of any communicable diseases to which a child has been exposed three weeks prior to camp attendance.

Note: As previously stated, we expect parents to inform us of any situation that may affect their child's stay in camp. These situations include, but are not limited to, conditions requiring year-round medication, physical, psychological, medical or social matters. If dismissal from camp is related to not being informed about any of these types of situations, no refund will be issued.

Our priority is looking out for the wellbeing of your child. In the event of a serious medical situation, we will make every attempt to contact you. In the event that you cannot be reached and time is of the essence, we will do whatever we must, under doctor's instructions, to ensure that your child gets the best care possible.

Allergies

Please make sure to inform the nurse of any food or drug allergies and the treatment recommended by your pediatrician or allergist (Benadryl, Epi-Pen).

For seasonal allergies, it is a good idea to start treatment a month prior to camp to facilitate relief during the summer. We will be glad to maintain your daughter's treatment throughout the summer.

CHECK LIST

Authorization Form
Health History
Verification Form
Physician's Examination/Immunization Form
Insurance Card Form
Medication Form
Travel Information
All forms must be submitted by May 15th.

CONTACT

(516) 336-9839
office@campchayeinu.com
www.campchayeinu.com

Winter Address:

349 Daub Ave
Hewlett, NY 11557

Summer Address:

1635 State Route 2036
Thompson, PA 18465

Looking forward to an incredible summer bezH!!